



# Nordkapen

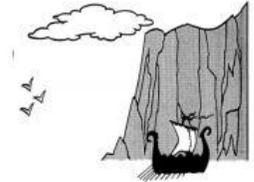
Nordkap Lodge 5-378 - Sons of Norway

The North Cape 71° 10' 21" North Latitude – The Top of Europe

A Congenial Society of Sons, Daughters and Friends of Norway

Organized August 10, 1929 – The first Sons of Norway Lodge in Michigan

<http://www.detroitnorwegians.com>



October 2019

Volume 89 Issue 6

## NORDKAP CALENDAR

Oct. 18-20 – 5<sup>th</sup> District Leadership Conference, Cedar Lake, IN

Oct. 27 – Lodge Meeting, 4 p.m., the Swedish Club

Oct. 30 – Norwegian Language classes resume, 7 p.m., the Swedish Club

Nov. 9 – Scandinavian Market, 10 a.m. - 4 p.m., Finnish Center

Nov. 24 – Lodge Meeting, 4 p.m., the Swedish Club

Dec. 15 – Christmas Party, 2 p.m., Fox Hills, Plymouth

### 2019 Officers

**President:** Haley Vingsness

**Vice President:** Erik Duus

**Treasurer:** Carmen Collins

**Secretary:** Mary Morehead

**Financial &**

**Membership Secretary:**

Carol Jehle

**Scholarship & Store Director:**

Natalie Flessland Vaal

**Social Director:** Connie Hart

**Youth Director:**

Heather Vingsness

**Foundation Director:**

Derrick Hendricks

**Editor & Publicity Director:**

Louise Giles

**Counselor:** Bob Giles

**Contact us:**

[Nordkap@DetroitNorwegians.com](mailto:Nordkap@DetroitNorwegians.com)

Photos by Bob Giles, unless otherwise indicated

## *A Focus on Norway at October 27 Meeting*

Do you know how the Sons of Norway organization began—or what its scope and size are today? You'll have a chance to



**SONS of NORWAY**

Celebrating **125 Years**

1895-2020

find out at our October meeting, when we'll screen a 20-minute video, "The History of the Sons of Norway." This entertaining show will be especially timely, since Sons of Norway will be celebrating its 125th anniversary next year, and you'll want to know more about it.

Also featured will be delicious Norwegian waffles made into open-faced sandwiches. The toppings will include shrimp, salmon, ham, beef, and more!



These waffle smørbrød will be prepared by Mary Morehead's Norwegian cooking class. Together Mary's students are not only learning about Norwegian cooking but also earning credits toward a Sons of Norway Cultural Skills Cooking Award.

### **Are you interested in becoming a leader of our lodge?**

You can put your name up for nomination at our October meeting, where Treasurer Carmen Collins will present a tentative slate of nominees for the officers election in November.

**The Sons of Norway Foundation** will also be recognized by Foundation Director Derrick Hendricks for its work in funding activities that preserve and promote Norwegian heritage.

**The October 27th meeting will be held at 4 p.m.** at the Swedish Club at 22398 Ruth Street in Farmington Hills.

## SUNSHINE UPDATES



Best wishes to **Judy Kirsch**, after a painful eye infection in September.

We're glad to see **Mary Morehead** back to feeling well after muscle pains caused her to miss Nordkap's 90<sup>th</sup> anniversary cruise that she'd worked so hard to make a success.

Wishing **Merete Stenersen-Eelnurme** all the best as she undergoes surgery later this month.



**GRATULERER MED DAGEN!**

### October Birthdays:

Gerald Bayer, Simon Bryhn, Bob Giles, Kaitlyn Hattenberg, Eric Hetland, Katherine Hildre, Carol Jehle, Cathy Johnson, Hans Jorgensen, Roy Marvel, Erik Scharf, Diane Stanard

## ***Holiday Shopping at the Scandinavian Market***

If you're searching for that perfect **Scandinavian gift** for people on your Christmas list—or you want to buy something Nordic for yourself—don't forget the Scandinavian Market at the Finnish Center on Saturday, November 9.

Nordkap Lodge will be there along with our friends, the Swedes, Danes, Icelanders, and Finns, with a variety of goods and foods to tempt you.

You will have your choice of imports, crafts, candy, baked goods, pasties and other ethnic foods, hand-woven rugs, decorative arts, pottery, lavender soaps and lotions, and more. For your entertainment, there will be live music played by Finnfolk.

**You can also sit down to good Scandinavian food**—such as Nordkap's delicious meatball dinner, complete with potatoes, red cabbage, cucumber salad, flatbread, and coffee or lemonade, all for \$6. For a late breakfast or tasty dessert, you can also enjoy our Norwegian waffles with sour cream and jam, for just \$2.

**To volunteer with our lodge, contact Carol Jehle at [JehleCarol@Yahoo.com](mailto:JehleCarol@Yahoo.com).** You can help serve our meals or sell Norwegian gifts and foods, such as lefse, cheese, candies, and canned fish, at our imports table.

The event runs from 10 a.m. – 4 p.m. at the Finnish Center Association, 35200 W. Eight Mile Road in Farmington Hills, MI. The market is open to the public, with a required \$2 donation at the door.

*Lt. to rt. below: Connie Hart, Bob Giles, and Mary Morehead serving food at last year's Market.*





## ***Celebrating Nordkap's 90<sup>th</sup> Anniversary: A Cruise for the Ages***

**It was a cruise 90 years in the making** when Nordkap and its 110 guests sailed into the sunset on the Detroit River on September 14 aboard our sleek chartered yacht, the MV Portofino.

We called it our “Viking”-themed dinner cruise to honor our Norwegian ancestors who came to America and the courageous Vikings who traveled the rivers and seas of Europe a millennium ago. Ours was a mission a bit easier—to mark the 90<sup>th</sup> anniversary of Nordkap Lodge in a meaningful way. We also wanted to reach out to the wider community to tell them about our lodge and our mission of honoring and preserving Norwegian heritage.

**Our 90<sup>th</sup> anniversary committee worked for over a year** to make it all happen, and we express our thanks to them: Mary Morehead, Connie Hart, Carol Jehle, Bob and Louise Giles, plus our “ex-officio” committee member, Nordkap treasurer Carmen Collins, who efficiently kept track of reservations and receipts.



Our round-trip cruise from Wyandotte to Downtown Detroit was graced with the presence of special guests: Fifth District Sons of Norway President **Andy Johnsen**, who traveled from Indiana; our own Honorary Norwegian Consul to Michigan **Dennis Flessland and his wife, Jan**; plus talented hardanger fiddler **Robin Fossum**, who came from Wisconsin with fiddle and violin to entertain us in her colorful Norwegian bunad.

***(Continued next page.)***

***Lt. to rt: Robin Fossum, Dennis Flessland, Andy Johnsen, & Jan Flessland. (Robin Fossum photo)***

*(Continued from previous page.)*

All guests enjoyed a buffet dinner of grilled salmon, meatballs, chicken piccata, vegetarian penne pasta, roast potatoes, root vegetables, green salad, rolls, and anniversary cake.

There were displays of photos from Nordkap's history, a printed souvenir program, table-top wooden Viking ships made by member Harald Ehrenfeld and used in a drawing to fund Nordkap scholarships, and parting gift bags containing Norwegian flags, Norwegian flag cookies made by Mary, rune stone charms, and ballpoint pens from the RedViking engineering company in Plymouth, MI.

The evening was pleasantly warm and sunny. As our three-hour adventure came to a close, a full moon lit our return to the Portofino dock.

***Karen and Lynn Herche at the buffet.***



***Boarding our chartered yacht.***



***Harald Ehrenfeld made the Viking ships.***



***Enjoying the view from the upper deck.***



***Main deck diners have loads of sunshine.***



*Guests gather on deck for our passage under the Ambassador Bridge.*



Bob Giles Photo

*A "moon river" on the way back.*



Bob Giles Photo

*Kristin Duus and parting gift bag.*



Bob Giles Photo

*Robin Fossum entertains.*



*Smiles at journey's end.*

## ***Good Weather, Food, and Volunteers Contribute to Great Steak Roast***

**Like a space shot**, it seemed all systems were “go” on Sunday, September 8, when Nordkap volunteers prepared and served 63 meals at the annual Steak and Corn Roast at the Swedish Club.

This annual event is hosted by our lodge to thank the Swedes for the privilege of renting their wonderful facility in Farmington Hills. The Steak Roast is also a source of income for the Swedish Club, which netted approximately \$400 from sales of the meals.

**“Grill Sergeant” Bob Giles** credited the positive results of the day to good luck and a record number of volunteers. After the clean-up was done and all guests had left, Nordkap volunteers enjoyed a quiet team afterglow on the deck of the clubhouse.



*Clockwise from top left: Haley & Heather Vingsness shuck corn with Lynn Herche. Dennis Flessland commands the grill. “Grill Sergeant” Bob Giles (second row in Norwegian flag hat) thanks volunteers for a job well done.*



## ***Learn To Make Norwegian Waffles***

Mary Morehead is holding a Traditional Norwegian Waffle Hands-on Class in her home on October 19th from 11 a.m. to 3 p.m. However, this will be a two-part class.

### **On October 19<sup>th</sup>, the class will include:**

1. Making traditional Norwegian waffles from scratch.
2. Preparing smørbrød (open-faced sandwiches).
3. Preparing some dessert waffles.
4. Taking home some waffles.
5. Signing up for food to bring to our October 27th Members Meeting. You will receive reimbursement for the food purchased.



*(Mary Morehead photo)*

### **On October 27<sup>th</sup> at our Members' Meeting, the class will:**

- Prepare smørbrød (open-faced sandwiches) at the Swedish Club for our members to eat.
- Earn credits as part of their Sons of Norway cooking award.

The class will be limited to 6 people and will cost \$10 per person. If interested, please contact Mary by email: [mmor7725@gmail.com](mailto:mmor7725@gmail.com) or by phone: (248) 229-9332.

## ***Norwegian Language Classes Are Back: Vi Snakker Norsk!***

Our ongoing Norwegian language classes have enjoyed a long summer break, but they will resume on Wednesday, October 30.

This series of intermediate-level classes with native-Norwegian teacher Merete Stenersen-Eelnurme will continue on successive Wednesday nights for six weeks, ending Wednesday, December 4.

The fee for six classes is \$60, payable at the first class. All classes are held from 7 to 8:30 p.m. at the Swedish Club at 22398 Ruth Street in Farmington Hills.

Please note: *Should a student wish to cancel enrollment, a request for refund must be made before the start of the 2nd class and will be subject to the pro-rated cost of the class already given. If two or more classes have been held, a refund will not be given.*

### ***And now, a little Norwegian language lesson:***

<b>When meeting people</b>	<b>Pronunciation</b>	<b>English</b>
God dag!	goo dagh	Hello (good day)!
God kveld!	goo kvelh	Good evening!
Morn!	morhn	Hi! (informal)
Hyggelig å treffe deg!	hee-geh-lee oh treh-feh-dai	Nice to meet you!

## ***A Letter from President Haley Vingsness***

**O for owl, U for gorilla.** I guess I need to get into character! The 10 of us pretend to be owls, fluttering about practicing pronouncing our Os. Oooo. Oooo.

I'm on the top floor of Scandinavia House in New York City with Marie-Therese, a Norwegian-French actress and dialect coach. It feels a little more like speech therapy for non-native speakers. We're starting at the beginning: the vowels.

It's been difficult for me to abandon my English pronunciation, but I know no matter how much I study, it will be difficult for me to be understood in Norwegian if I can't enunciate the difference between kj, sj, sk, and skj.

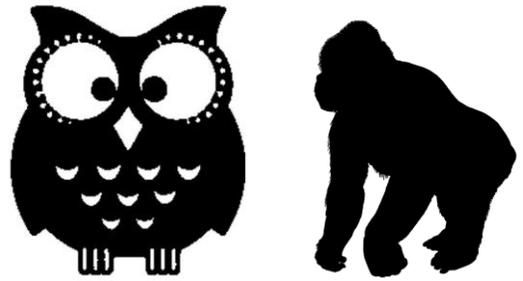
**I first started learning Norwegian 6 years ago**, and it still amazes me how much fun I have learning it. (It also amazes me how much I still have yet to go ... but that's a different story!) I also feel incredibly lucky that I have a lodge I can turn to for help, questions, and support. We have an incredible teacher Merete, motivated students who are excited to learn, and so many thoughtful Norwegian speakers who help me struggle through my sentences.

When I meet new people, they often ask what my hobbies are. "Learning a new language" is usually not what they expect, and they have a lot of questions about it. But I get great joy from my cultural activities! We are also lucky to have lodge members with so many backgrounds, hobbies, and interests – baking, art, woodworking. One of my favorite things about Sons of Norway is our diversity. We are all here for a common purpose and support each other in it. And no matter your interest, there are so many ways to connect your hobbies to Norwegian culture! You can cook Norwegian recipes, read Viking magazine, or go skiing. One of my other hobbies is embroidery, so I have started learning the Hardanger style.

**Fall is usually "back to school" season**, and with it sometimes comes the desire to try something new – learn something – go back to school. I invite you to use that to try a new heritage activity. Perhaps even log in to earn a Cultural Skills Pin? I know you'll have so much fun (says the girl flapping about hooting like an owl!)

**Med vennlig hilsen (with best regards),**

**Haley Vingsness**



*(Haley Vingsness photo)*

***Looking Ahead.....Please Save these Dates:***

**Sunday, November 24, at 4 p.m. at the Swedish Club:**

Our general membership meeting will include our 2<sup>nd</sup> annual **Christmas Cookie Fundraiser** for the Nordkap Scholarship Fund. It's easy to participate, as chairperson Mary Morehead explains:

“You only have to bake two dozen cookies to sell. Christmas cookies or just your favorite cookies are welcome. Then you can purchase other cookies for \$5.00 per dozen. You can have a variety of cookies in the dozen that you buy. A prize will be given for the cookie voted the best (by appearance or by taste).”

The meeting will also feature a meal of Norwegian hot dogs wrapped in lefse, the election of Nordkap officers for 2020, and a special presentation by member **Debra Kraft**, speaking about the unique Viking funeral she organized for her parents.



**Sunday, December 15, at 2 p.m. at Fox Hills in Plymouth:**



Nordkap will hold its festive **Christmas party** again this year at the beautiful Fox Hills Golf and Banquet Center in Plymouth. Bunads will be most welcome! We will begin the event with our silent auction at 2 p.m. in the Fox Classic Clubhouse, which looks like old Norway with its log interior, natural stone fireplace, and rustic warmth and charm. (Proceeds from the auction benefit Nordkap's Scholarship Fund.) At 3 p.m., we will sit down to a traditional Norwegian holiday dinner. Later, we expect a visit from the Julenisse with gifts for the children.

Secretary Mary Morehead will be sending out invitations and reservations forms for the party by the end of this month. **You must submit your paid reservation by November 24 to receive the advance reservation price.**

## ***Your Donations Are Needed for This Year's Silent Auction***

**It's not too early to start thinking about donating items** to this year's silent auction. The silent auction is always a big hit at our Christmas party. Items with a Nordic theme—or made in Norway—are very popular with bidders.

**All auction proceeds go to the Nordkap Scholarship Fund.** With the five scholarships we awarded this year, next year's fund will need extra support and, so far, donations are running behind what we need for a successful auction.

**Please bring your items** to donate to our October or November meetings and give them to Louise Giles or Carmen Collins.

*Some of the auction items donated so far include a large ceramic serving dish, a textile Santa and Mrs. Claus, and a troll figurine.*



---

**NORDKAP**  
**LODGE 5-378**  
**c/o Louise Giles**  
**Box 1198**  
**Royal Oak, MI**  
**48068**