



# Nordkapen

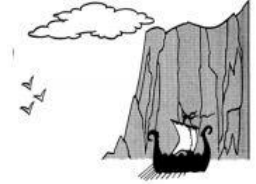
Nordkap Lodge 5-378 - Sons of Norway

The North Cape 71° 10' 21" North Latitude – The Top of Europe

A Congenial Society of Sons, Daughters and Friends of Norway

Organized August 10, 1929 – The first Sons of Norway Lodge in Michigan

<http://www.detroitnorwegians.com>



February 2017

Volume 87 Issue 2

## NORDKAP CALENDAR:

**February 26 – Lodge meeting, 4 p.m. at the Swedish Club**

**March 26 – Bowling, 2 p.m. at Luxury Lanes in Ferndale**

**April 23 – Lodge meeting, 4 p.m. at the Swedish Club**

**May 13 – Norwegian Constitution Day, 11 a.m. to 3 p.m. at the Swedish Club**

**June 23 – St. Hans Eve/Midsummer celebration, 6 p.m. at Farmington Hills Heritage Park**

**July 15 -- Farmington Founders Festival Parade, 9 a.m. in Farmington**

### **2017 Officers**

**President:** Louise Giles

**Vice President:** Mark Eelnurme

**Treasurer:** Marge Sorensen

**Secretary:** Mary Morehead

**Financial &**

**Membership Secretary:**

Carol Jehle

**Editor:** Bob Giles

**Foundation Director:**

Natalie Flessland Vaal

**Cultural Director:**

Carmen Collins

**Youth Director:**

Heather Vingsness

**Sports and Recreation Director:**

Merete Stenersen-Eelnurme

**Counselor:** Geir Gronstad

**Contact us:**

[nordkap@detroitnorwegians.com](mailto:nordkap@detroitnorwegians.com)

## **NORDKAP OPENS UNIQUE WINDOW ON WORLD WAR II PLUS FIRST-EVER CHILI COOK-OFF IN FEBRUARY**

We will have a rare opportunity in February to hear from expert witnesses about Norway's role in keeping the Germans from developing an atom bomb in World War II.

Two of our own members are related to a Norwegian man who helped block the Nazis from getting the "heavy water" needed to make that weapon. Inger Ehrenfeld's father, Ragnar Holt, was one of those involved in the risky undertaking. Inger and her son, Harald Ehrenfeld, will share the story of that father and grandfather they knew as a "hidden hero" at our next meeting on February 26 at the Swedish Club.

We will whet our appetite for this tale of high adventure by first sampling some of the great chili recipes our members will share in our first-ever Chili Cook-off. Our competition will be part of the district-wide initiative launched by the Sons of Norway 5<sup>th</sup> District.

Each lodge in the District will judge the chili prepared by any of its members and decide on a winner. Nordkap's new sports and recreation director Merete Stenersen-Eelnurme will help coordinate our lodge's efforts



*Inger & Harald Ehrenfeld  
Photo by Bob Giles*

Come on Sunday, February 26, for the social time at 4 p.m. at the Swedish Club at 22398 Ruth St., Farmington Hills, followed by hot and delicious chili at 4:30 p.m. Carmen Collins will provide her Scandinavian braided bread. Mary Morehead will treat us to one of her fabulous Kransekake desserts.

An initiation ceremony will also be offered for new members.



## SUNSHINE UPDATES

We offer best wishes and continued prayers for Thad Aardal, who had heart catharization and awaits an angioplasty procedure and stent implant.

Mary Morehead is making good progress with physical therapy, following her recent knee replacement surgery.

We sadly note the passing on January 20<sup>th</sup> of Raymond P. Knutson, 80, of Davis Junction, Wisconsin. Ray was a leader in the Sons of Norway for many years at the district and international levels. He was past International Treasurer, past International Board Member, and past 5<sup>th</sup> District President.

We also note the passing of the Russian Orthodox Monk, Fr. Joseph, 67, on January 27. Originally known as Brother Isaac Lambertsen, Fr. Joseph was a Norwegian American who grew up in Scotch Plains, New Jersey. He was a gifted translator of the Russian Orthodox Church Outside of Russia and translated the majority of the Orthodox Services into English.

## GRATULERER MED DAGEN!

### February Birthdays:

Kristine Dowhan, Mark Eelnurme, Dennis Flessland, Louise Giles, Deborah Gummerus, Sven Hahr, Greydon Hyde, Emma Jehle, Judith Kirsch, Michael Lindemann, Erik Lundberg, David Nelsen, Arthur Peterson, Hannah Peterson, Annele Richards, Linda Stinson

### March Birthdays:

Harald Ehrenfeld, Lilje Gronstad, Sonja Gronstad, Louise Harrison, Avery Jean Skidmore

## NEW OFFICERS JOIN NORDKAP RANKS

Nordkap entered a new era in January when four people who had never held a Nordkap office took an oath to faithfully serve as officers of our lodge.

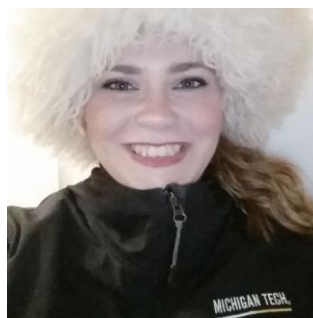
Installed were Vice President Mark Eelnurme, Cultural Director Carmen Collins, Youth Director Heather Vingsness, and Sports and Recreation Director Merete Stenersen-Eelnurme. Secretary Many Morehead, a fifth new officer, was absent and will take the oath at a later meeting.



*Left to right: Marge Sorensen, Bob Giles, Natalie Vaal, Louise Giles, Merete & Mark Eelnurme, Heather Vingsness, Carmen Collins, and Carol Jehle. Photo by Derrick Hendricks.*

Also sworn in were President Louise Giles, Treasurer Marge Sorensen, Financial Secretary and Membership Secretary Carol Jehle, Foundation Director and Scholarship Chair Natalie Flessland Vaal, and Editor Bob Giles. Counselor Geir Gronstad was traveling in Norway.

The following are articles by the five new officers, who took the time to introduce themselves and share their thoughts about their new roles:



### HEATHER VINGSNESS -- YOUTH DIRECTOR

I am a 29-year-old physics teacher from Livonia, Michigan. I am very excited to continue engaging our youth in lodge activities, as well as increase the number of Heritage members that regularly attend our functions.

#### Heather Vingsness Photo

I plan to develop new activities that are exciting and culturally engaging for a wide age range of Heritage members. If you have suggestions or ideas for things you would like to see, please let me know!

## **MARK EELNURME -- VICE PRESIDENT**

## **MERETE EELNURME -- SPORTS & RECREATION DIRECTOR**



*Photo from Merete Eelnurme*

Hello fellow Nordkap members! Merete and I are thrilled to have joined the Nordkap board as your new Sports and Recreation Director and Vice President. Being born and raised in Tromso, Norway, Merete is well acquainted with the Norwegian concept of Friluftsliv. What is Friluftsliv you may ask? According to Google, the term first appeared in Ibsen's poem "On the Heights" which describes a man who adventures out into the wilderness in search of solitude to clear his mind and plan for the future. In the ensuing years, it has taken a broader meaning, often to describe a greater connection to the outdoors and to nature through outdoor activity. Friluftsliv seeks a deeper relationship between people and the natural world which in turn leads to rich and favorable quality of life.

If you asked Norwegians to describe Friluftsliv, you would get many different answers - "the great outdoors", "exploration and serenity", "being outside", "getting away from reality", etc. Friluftsliv could be described as a philosophy in many cultures, but for Norwegians it is simply a way of life.

Merete would like to introduce Nordkap Lodge members to Friluftsliv and has some exciting ideas planned for the upcoming year. Stay tuned to future editions of this newsletter for more details.

As your new Vice President, I'm excited to take on the role of membership growth and retention. Our lodge has many great things to offer the community and your families. As I settle into my new role, I'll work with other Sons of Norway lodge Vice Presidents to learn about what they have done to grow their membership base and attract new members. Growing and maintaining our membership is critical for the survival of our lodge and the Sons of Norway as a whole.

In summary, we are thrilled to have joined an already outstanding group of individuals whom together comprise your Nordkap Lodge Board. Tusen Takk og Vi Sees!

## **MARY MOREHEAD -- SECRETARY**



*Photo by Bob Giles*

Hei, Hei, from Mary Morehead, your new Nordkap Lodge Secretary.

I would like to share some personal information about me so that you will know me better. I am married to a wonderful husband, Greg, with two beautiful married daughters and three beautiful grandchildren. Melissa has a daughter, Kate, who is 5 and a son, James, who is 12 months. Lyndsay has a son, Elijah, who is 15 months. I love being a Nana to these grandchildren. They're very special to me.

Having an exchange student, Lise Hjortdahl, live with my family in my junior year of high school (1967-1968) and being an exchange student myself in Norway for my senior year of high school (1968-1969), I have great fondness for the Norwegian people, culture, and food. It was an amazing opportunity in my life, and I feel very fortunate that I was able to do this. **(Continued next page)**

*(Continued from previous page)*

Becoming a member of Nordkap Lodge, attending the Norwegian language classes along with many activities and meetings has been another great opportunity for me. It has helped me re-learn the Norwegian language and relive my time in Norway. Every member that I have met has been very pleasant and welcoming. I couldn't have asked for a better club than this. I only wish that I knew about this club years ago.

As your secretary, I would like to attend all of the board meetings and write the minutes to the best of my knowledge. With my Norwegian experience, I hope to contribute as much as I can to our club. I hope that you will feel comfortable to come to me with your thoughts and suggestions so that I can, in turn, pass these onto our board members.

I am honored to serve our Lodge as secretary. Thank you for voting for me.

### **CARMEN COLLINS -- CULTURAL DIRECTOR**



I am pleased to be elected Cultural Director of Nordkap Lodge 5-378. As one of the newest members of the club, it is exciting to become involved in the direction of the club's vision of promoting all things Norwegian!

My interest in Norway comes from a treasured friendship cultivated in high school with our exchange student from Oslo, Lise Hjortdahl. We became fast friends, and despite the miles that separated us, have kept close over the years. I have been to Norway three times to visit with her and her family. I have met her father, mother, brother, friends, and now her husband, children, and grandchildren. Because of her, I have a great fondness for Norway!

*Photo by Merete Stenersen-Eelnurme* I grew up in Ferndale and am married with two step-sons and three granddaughters. I graduated from Wayne State University with a degree in Medical Technology and have worked at three Detroit area hospitals, retiring from William Beaumont Hospital two years ago. My specialty was Microbiology, and ended my career as a supervisor there.

I enjoy gardening, travel, and genealogy. I recently became a Docent volunteer at the Detroit Zoo, after a 10-week training course there. I hope to see some of you visiting this gem of Michigan in the coming year!

I hope to coordinate events and programs for our club that will enhance our members' appreciation of Norwegian culture and our roles as ambassadors for Norway in America and Canada. This will include creating educational and social activities, to highlight history, art, music, traditions, language, and other exciting aspects of Norwegian life, past and present.

I encourage members to participate by sharing their ideas with me which I can develop for our general meetings. Please contact me with your suggestions at [skicarmen@att.net](mailto:skicarmen@att.net).

## **PRESIDENT'S COLUMN**

We received so many interesting letters this past month at the Giles House!

This one is from **Susan Rokicki** of Sons of Norway's Ulseth Lodge 5-670 in Calumet in Michigan's Upper Peninsula:

*"We have 154 inches of snow since December 15 and now have had rain for a few days—and fog. It is scheduled to continue – very unusual.*

*"Did I mention that the S.O.N. here has a Norwegian Book Club that meets monthly? It is very successful and interesting. One recent surprise was 'Norwegian Wood' which was a lot more interesting than we first thought it might be. Another was by an artist depicting the life of Norwegian settlements on Isle Royale.*

*"We are scheduled to have language classes soon with Bruce Mork, a Tech. Prof. [Michigan Technological University Professor] who goes back & forth to Norway all year....We have a Barneløpet [children's race]ski race in late January. One member takes cookies to the Barnebirke ski race in Wisconsin.*

*"Our Julfest was fun—lots of meatballs & NO lutefisk. Everyone shared their families' Norsk traditions for Christmas."*

Nordkap member **Louise Harrison** of Asheville, NC, sent a beautiful card addressed to Nordkap Lodge c/o Bob Giles to wish "Merry Christmas to all and a Happy New Year!"

**Harriet Eklund** of Polar Star Lodge 5-472 in Aurora, Illinois, occasionally attended our lodge events and Syttende Mai celebrations. She wrote the following after seeing Nordkap's pictures two months in a row in the Viking magazine:

*"Lookin' good. Lookin' good. Looking real good. Was so much fun to see your picture in the last 2 Vikings. Looks like your lodge is doing well.*

*"After 16 years as secretary [of Polar Star Lodge]--and age of 96—I don't do too much. I still drive and spent some time in Michigan last summer--hope to go back. I still own property and consider myself a Michigander."*

Finally, there was this note from Nordkap member **G. Peter Blom**, with a generous check:

*"Dear Bob: Attached is a little boost for the Nordkap Scholarship Fund. Also a pat on the back for the great effort you exert for the lodge!"*

**Thank you, Peter. And thank you, Bob.**

I hope to see everyone at our Bowling fundraiser on March 26. See the back page for details.

Med vennlig hilsen (with best regards),

Louise Giles

## **LEARN NORDIC DANCING!**

The next Nordic folk dance workshop will be Sunday, March 5, at the Finnish Center at 35200 West Eight Mile Road in Farmington Hills, from 2 to 5 p.m. The workshop is free and open to everyone, 6 to 106 years old. Its goal is to have fun while preserving our Norwegian, Swedish, Danish, and Finnish culture through folk dancing. If you have any questions, e-mail teacher Glendenne Thornbloom at [gathorn4@gmail.com](mailto:gathorn4@gmail.com).

## **NEW MEMBER INITIATES**

Velkommen to the following Nordkap Members! If you have not been initiated, we welcome you to come to the meeting on February 26th. You'll sign our membership logbook which has been used since the 1930s.

As of January 1, 2017, members not initiated are the following:

Arne Borgnes, Veda Bryhn, Janice Capler, Carmen Collins, Kristine Dowhan, Monica Dowhan, Myrtle Ebert, Harald Ehrenfeld, Jeff Hatteberg, Kaitlyn Hatteberg, Maureen Hatteberg, Greydon Hyde, Anne Kilen, Annette Lundberg . Cecilia Lundberg, Erik Lundberg, Kathleen Hanlon-Lundberg, Leiv Lundberg, Wendy Marko, Roy Marvel, Mary Morehead, Constance Pike, Annele Richards, Gail Ritchie, Ana Skidmore, Erik Sorensen, Ian Sorensen, Linda Stinson, Alexandria Sturgeon, Annelisa Sturgeon, Jeannine Sturgeon, Ondrianna Tavgigian, Stacy Torgerson, Wade Tornquist, Eunice Turnbull, Erik Vingsness, Haley Vingsness, Paul Wiekierak.

Please contact Carol Jehle, our Membership Chairperson, and let her know that you are coming. Her telephone number is (248) 626-2148.

## **A ROMANTIC RESTORATION**

A current restoration project taking place at Maihaugen, one of Northern Europe's largest open-air museums in Lillehammer, Norway, is generating anticipation for the project's completion.

The endeavor is steeped in Norwegian culture, a bit of romance, and a royal twist.

Just weeks ago, the disassembled 1930s childhood home of H.M. Queen Sonja of Norway was moved from its



*H.M. Queen Sonja  
Royal House of Norway photo*

original location at Tuengen allé 1b at Vinderen, Oslo, to Maihaugen in Lillehammer. The home is to be reassembled, furnished in an authentic manner, and opened to the public as part of a popular attraction at the museum that features homes representing each decade from the 1920s through 2001.

Work is now underway to breathe life into the house, which will showcase replicated and original furnishings used from 1935 to 1968. Queen Sonja lived there for most of her childhood years, until 1968 when she married then Crown Prince Harald. According to Maihaugen's website, the home was one of the few places the couple could meet during the nine years they were dating.

The house is constructed in the functionalist style, with hipped roof, horizontal cladding, windows by the corners, and balconies with steel rails.

Museum guests can look forward to the official opening of the project on August 29, 2018, the date of Their Majesties' 50th wedding anniversary.

## BY REQUEST: RECIPIES FOR TWO SOUPS FROM OUR JANUARY 2017 MEETING

### CARMEN COLLINS' CREAMY POTATO SOUP

4 cups potatoes, peeled and diced  
1 medium onion, chopped  
1 cup celery, chopped  
2 teaspoons salt  
5 cups water  
1/2 cup melted butter or margarine

1/2 cup flour  
1 teaspoon pepper  
4 cups whole milk or half-and-half  
1 teaspoon Worcestershire sauce  
12 ounces shredded Colby cheese  
smoked bacon bits

1. Combine potatoes, onion, celery, salt, and water. Bring to a boil.
2. Simmer 20-30 minutes.
3. Combine margarine, flour, and pepper.
4. Add this to the potato mixture. Mix well, soup should thicken.

Allow to cool a little before next step:

5. Add milk/half-and-half and Worcestershire sauce.
6. Add bacon bits.
7. Mix well.
8. If desired, add cornstarch or flour to further thicken.

Heat to serving temperature. Optional: sprinkle with shredded Colby cheese in each bowl.



*Photo by Merete Eelnurme*

### BOB GILES' YELLOW PEA AND HAM SOUP

1 package Goya dried split yellow peas  
1 ham bone (some meat attached)  
3 leeks, sliced  
2 medium-size carrots, peeled and shredded  
2 medium-sized onions, chopped

1 tsp. salt  
1 1/2 tsp. crushed marjoram  
1 tsp. crushed thyme  
2 chicken bouillon cubes  
1/2 tsp. ground ginger  
spicy brown mustard (optional)

This recipe is perfect when all that remains from the family dinner is a ham bone. I prefer Dearborn spiral-cut hams, but Honey Baked Ham sells the bones separately.



*Photo by Merete Eelnurme*

Wash peas thoroughly, then heat to boiling in 7 cups cold water. Boil a few minutes, remove from heat, and let soak for 30 minutes. Add ham bone and rest of ingredients, except mustard, and heat to boiling. Reduce heat and simmer partially covered for about 1 to 1 and 1/2 hours, however, about half way through, remove the ham bone with a pair of tongs, let cool a bit on a chopping block then remove all remaining meat pieces from the bone. Discard the fatty parts and the bone. Chop meat into small bite size pieces. Return meat to the soup. Continue to cook until peas are tender.

Some prefer to serve with a small dollop of spicy mustard as a tasty garnish.

# Family Bowling in March

One of Our Most Popular Events!

Nordkap Lodge Bowling Fundraiser For 5th District Scholarship Fund

## GREAT FAMILY EVENT!

For your \$5.00 donation you get:

Three games, shoe rental and  
freshly baked pizza & pop dinner.

Cheerleaders (non-bowlers) also welcome for the same low price.

**SUNDAY March 26, 2016 - 2:00 PM**

Luxury Lanes

600 East Nine Mile

Ferndale, MI

You don't have to be a professional bowler  
to have fun with us, but you need to register!

To register or for more information

Contact Bob Giles (248-398-5976), [BobGiles@NewCarNews.tv](mailto:BobGiles@NewCarNews.tv)

Replaces Nordkap's regular March meeting

**REGISTER NOW!**

---

**NORDKAP LODGE 5-378**

**c/o Bob Giles**

**Box 1198**

**Royal Oak, MI 48068**