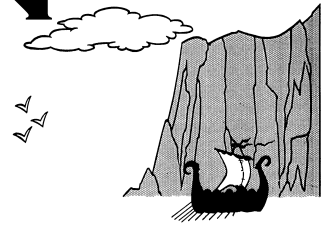




# NORDKAPEN

NORDKAP LODGE 5-378  
SONS OF NORWAY

The North Cape 71° 10'21" North Latitude The Top of Europe  
A Congenial Society of Sons, Daughters and Friends of Norway  
Organized 10August1929 - The First Lodge in Michigan  
<http://www.detroitnorwegians.com>



January 2013

A NON-PROFIT FRATERNAL BENEFIT SOCIETY

Volume 82 Issue 1

## *fra Presidenten*

Godt nytt år!

We have had a great year in the Nordkap Lodge. Activities have been many, we have participated in many events and most importantly, members have spread the good word and we are now one of the few lodges in the son N organization that is showing an increase in numbers of members in 2012.

I'd like to thank all of you for your support last year and hope to see many (more) of you in 2013 as we intend to keep the momentum going. Note that from now on, we will have supervised activities for the youngest members during our meetings.

One of the many benefits of being a Son (or daughter) of Norway member is to take advantage of the cultural resources from the organization's vaults, one of which is the "Cultural Skills Program". On Page 4 of this newsletter is a brief description of each of the 14+1 skills; and in our next meeting (Jan 20), we will gather the interest and start to assemble groups of participants. Each skill can be mastered in three levels – a beginner's level (part 1), then intermediate (part 2), then advanced (part 3). Each level requires a few activities to be completed and submitted to SofN headquarters, get approved and in return we will get the Cultural Skill Pin in reward for our efforts.

Also in our Jan 20 meeting, we will dig into the core of the Norwegian language; Basic Grammar such as pronouns, verbs and the three genders of Norwegian nouns (no, not nuns - - nouns)

Get ready for the February meeting where the general theme is "Heia Norge!" – great moments in Norwegian sport history. Hopefully, we will have snow...

Med vennlig hilsen,  
Geir

**Sunday, January 20, 2013  
4:00 PM**

**Swedish Club  
22398 Ruth Street  
Farmington Hills  
248-478-2563**

Come for networking with your Norwegian friends, installation of officers, and a Norwegian meal of rommegrot (sour cream porridge) and cured meat.

Our Norwegian language studies will continue as we dig into the core of the Norwegian language. We will also assess interest in the Sons of Norway's cultural skills programs as described on Page 4.

It's time to wear your warmest Norwegian sweater!

***Welcome New Members***

**Kenneth & Judy Hildre**

The mission of Sons of Norway is to promote and to preserve the heritage and culture of Norway, to celebrate our relationship with other Nordic Countries, and to provide quality insurance and financial products to our members.



Parents please note: We are now offering supervised activities for youngsters during our meetings.

### Sons of Norway Financial Benefits Counselor

Eric Nichols, CLU  
248-684-2274  
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## Happy January Birthday

1 Annelisa Sturgeon  
4 Peter G Blom  
6 Deborah Simms  
8 Lillian Bryant  
19 Mildred Beck  
19 Timothy Nilsen  
29 Nina Bryhn  
30 Veda Bryhn



## Save Your Cancelled Stamps

Carol Jehle will be collecting your cancelled postage stamps for Tubfrim at our meeting.

Tubfrim is an organization in Norway that was originally formed to raise money to fight tuberculosis. Since tuberculosis is no longer a threat to health as it once was, proceeds from the resale of stamps are now used for disabled and needy children.

## 2012 Volunteer Hours

The form to record your volunteer /member service hours will be sent to you in a separate email. If you receive your newsletter via the US mail, your form is included in the mailing.

These hours contribute to the possibility of Nordkap being named District "Lodge of the Year".

This data is also used for reporting that maintains Sons of Norway's tax-exempt status.

President, Geir Gronstad 248-302-5196      Vice President, Louise Giles 248-398-5976  
Secretary, Jennifer Vingsness 734-427-2485  
Financial & Membership Secretary, Carol Jehle 248-626-2148  
Treasurer & Editor, Marge Sorensen 313-563-2280  
Counselor, Bob Giles 248-398-5976

## Christmas Party Has Notable Successes and New Features

Nordkap Lodge's 2012 Christmas party at the Western Golf and Country Club produced some notable successes and interesting new features for the 62 people who attended.

One noteworthy success was the lodge's traditional auction to benefit the Nordkap Scholarship Fund, which raised just over \$900—a high point for the auction in recent years.

Another success story was the number of awards won by Nordkap members for reaching five-year milestones of 10 years and above for lodge membership. Membership Chair Carol Jehle announced the awards for 13 people, including top honoree, Clarence "Doc" Myrold, who achieved 70 years of Nordkap membership, and second-to-top honorees, Thad and Audrey Aardal, who each racked up 50 years of membership. The Aardals added to this record of achievement with son-in-law, Russ Simms, who received a 15-year membership award.

There was yet more icing on the membership cake when two guests attending the party, Judy and Kenneth Hildre, filled out membership applications to join the lodge. Their 4-year-old daughter, Kate, who was also there, will be a heritage member.

Some of the new features at the Christmas party came courtesy of Lodge President Geir Gronstad, who:

- provided his family's original 3-foot artificial Christmas tree as a focal point for the customary dancing around the Christmas tree and
- offered very helpful commentary to interpret the song lyrics and the movements traditionally used by the dancers.

Another new development at the party was the gifted piano playing of not one, but two Nordkap members.

Prior to the Norwegian-style Christmas dinner of roast pork or broiled whitefish, participants enjoyed Christmas music played on the grand piano by Nordkap member Lynn Herche as they placed their bets on auction items and took in the beautiful seasonal decorations at the club. The décor included a towering Christmas tree and a host of tiny white lights twinkling in the vaulted ceiling of the English Room.

Then after dinner—and just before the visit of the Julenisse—new Nordkap member Marina Kozlova took the seat at the piano to provide accompaniment for the singing of traditional Norwegian Christmas carols. The caroling was led by President Gronstad, Thad Aardal, Judy Rutkowski, Monica Dowhan, and Kenneth Hildre.

Of the 62 people who attended the December 8<sup>th</sup> event, about half were members, and half were guests and youths or young adults. The traditional marzipan pig, awarded to the person who finds the almond in the rice pudding dessert, was won by Nordkap member Gladys Brinson.

Photos by Bob Giles



Gladys Brinson is the lucky one to find the almond in her rice pudding.



Russ & Debbie Sims (in front) Geir Gronstad, Ken Hildre, Thad Aardal lead the singing of Norwegian Christmas songs.



Geir Gronstad and Carol Jehle congratulate Clarence Myrold as he receives his Sons of Norway 70 year membership pin.



Julenisse leaves after delivering gifts to the good girls and boys



Mother and daughter duet — Jan Flessland & Natalie Vaal

—Louise Giles

## Cultural Skills

### 1. Traditional Norwegian Cooking.

In Part 1, you're going to dive right in and prepare five traditional Norwegian dishes. For each item you make, you will take a picture, fill out a recipe review form and include these with your final report.

### 2. Literature.

In Part 1 you will have the opportunity to sample works from many genres and time periods. To start, select and read three books by Norwegian or Norwegian-North American authors or on Norwegian subjects. The books can be in any genre – poetry, fiction, nonfiction or drama.

### 3. Collecting Norwegian and North American Stamps

In part 1 you will build a collection of 50 commemorative stamps from one country. Commemorative stamps are limited edition stamps that pay tribute to famous politicians, artists, activists, musicians and more. Feel free to define your collection of commemorative stamps however you want to; you could focus on a particular category .

### 4. Norwegian Rosemaling

The process of learning to paint this art form begins with breaking down an intricate rosemaling design to the most elementary level. You'll begin by practicing brush strokes and learning how to use a liner and brushes. Then, in either Telemark or Hallingdal style, you will complete a flower form, a scroll and a more detailed project.

### 5. Genealogy – Family History

Part 1: List yourself, your parents and one set of grandparents on a 15 generation ancestor chart, document facts with sources, create two or three family group sheets and tell a story from your findings.

### 6. Hand Knitting

To begin, you will learn some of the basic stitches and techniques, then use them to create two simple projects (take at least one picture of each item to include in your pin report).

### 7. Norwegian Language and Culture

A. Speaking – Can talk simply about self and family members, can ask and answer questions and participate in simple conversations on everyday topics. B. Listening – Can understand a native Norwegian speaking about such topics as personal background, family, home, asking for directions, shopping, etc. C. Writing – Can write short messages or letters, make lists, give autobiographical information, fill out a form. D. Able to read simple texts dealing with a variety of everyday topics. Lastly, pass a test provided by SofN Heritage Department

### 8. Hardanger Embroidery

For Part 1, you will learn/demonstrate basic Hardanger stitches and stitch a beginning piece. Hardanger embroidery or hardangersøm is a traditional form of decorative Norwegian needlework. Named for the Hardanger district of Norway where it was developed, hardangersøm has become so popular over the years that it has been adopted by craftspeople from all over the country and beyond. What sets hardangersøm apart is the sheer variety of stitches and techniques it encompasses.

### 9. Figure Carving

The objective of this unit is to acquaint you with the basic knowledge and skill of figure carving. You will select wood and a carving knife, make a leather strap and use it, draw a pattern on a block of wood, carve and complete a small figure carving of your choice.

### 10. Weaving

Learn to warp a rigid heddle loom or an inkle loom or a set of cards for card weaving and produce a sample.

### 11. Ornamental Woodcarving.

To familiarize yourself with traditional Norwegian woodcarving and learn the basics in low-relief (flatskurd) and high-relief (acanthus).

### 12. Chip Carving

Chip carving or karveskurd in Norwegian, is the decorative art of incising a geometric pattern into wood

### 13. Folk Dance

Part 1: Learn and perform song dance, figure dance and couple dance.

### 14. Music and Musicians of Norway

Part 1: The section, Roots of Norwegian Music, provides a basis of interest and further understanding for listeners of all ages. Special emphasis is placed on folk music and folk instruments.

### 15. Sports Medal

The Idrettsmerke (EE-dretts-merk-eh) Sports & Fitness Medal Program rewards Sons of Norway members for living an active lifestyle. While participating in a wide range of fun, athletic activities, members earn points towards bronze, silver, gold and enamel medals.